How can we eat locally in late winter and early spring?

Nothing is coming from our gardens yet, but with proper storage we can keep foods through the winter.

Connect the dots to name some foods we can eat all year in our area. Have fun with coloring!

Old farmhouses had root cellars and pantries to store food through the winter. Do you have a cool, dry place in your home?

Beans  Wheat

Carrot  Potato  Milk

Onions  Maple  Eggs