MAGIC PINK DIP

INGREDIENTS:

2 Cups cooked pink beans (Pinto Beans or Vermont Cranberry for example)
\( \frac{3}{4} \) - 1 Cup cooked beets, or grated raw beets
1-2 cloves garlic
1-2 T olive oil (Sunflower Oil is a local option)
2 T lemon juice
A pinch of salt
Optional: 3T of tahini will give it a flavor of hummus

T= Tablespoon

TOOLS:

- Food processor, or strong blender.
- Measuring spoons and cups

PREPARATION:

- Grate or boil beets
- Soak dry beans overnight and boil.

INSTRUCTIONS:

1. Using a food processor, combine all ingredients, beginning with garlic, and ending with Beets, for the ooh, ahh, magic!
2. Enjoy with Carrot sticks or your favorite dipping vegetables!